

Laura A. Fonzi
lfonzi@pitt.edu

University of Pittsburgh
140 Trees Hall
Pittsburgh, PA 15261

I. EDUCATION

University of Pittsburgh, Pittsburgh, PA
Master of Business Administration, expected completion: 2023
KATZ School of Business, University of Pittsburgh

University of Pittsburgh, Pittsburgh, PA
Master of Science in Exercise Physiology, 2008
Department of Health and Physical Activity, School of Education

- Master's Thesis: *The Effect of Home-Based Resistance Exercise in Overweight and Obese Adults.*

University of Pittsburgh, Pittsburgh, PA
Bachelor of Science in Movement Science, 2005
Department of Health and Physical Activity, School of Education

- Specialization in Exercise Science

II. EMPLOYMENT

Professor of Practice, Health and Human Development (HHD)
University of Pittsburgh, Pittsburgh, PA (2007-present)
Department of Health and Human Development, School of Education

Description:

- Instruct 18 credits per year within the department (list of courses and descriptions available upon request)
- Advise students in Exercise Science, Applied Fitness and Dance Minors
- Serve as a faculty mentor for the Exercise Science Organization
- Serve as a faculty mentor for the Dance Ensemble

Founder, Local Motion PGH
Homestead, PA (2016-present)

Description:

- Founded a brick and mortar boutique fitness studio.
- Lead 20 employees.

- Responsible for all daily operations, digital marketing, accounting and all other aspects of the business.
- 300+ unlimited monthly and class pass members with classes operating every day.

Professor of Practice, Exercise Science

Chatham University, Pittsburgh, PA (2009-2011)

Description:

- Instructed various courses including Biomechanics, Introduction to Wellness and Exercise Science laboratories.

Workshop Presenter for Certified Personal Trainer Exam

Fitness Education Network for American College of Sports Medicine (2007-2010)

Description:

- Provide individuals with the knowledge, skills and ability requirements in order to pass the Certified Personal Trainer Examination

Graduate Student Research Assistant and Wellness Staff

University of Pittsburgh, Pittsburgh, PA (2005-2007)

Department of Health and Physical Activity, School of Education, Human Energy Laboratory

Description:

- Served as Co-Director of University Wellness Program
- Developed and implement experimental and quasi-experimental research studies, utilizing cross-over and blinded design paradigms
- Recruited subjects
- Administered testing and interventions
 - Exercise testing (list of skills available upon request)
 - Surveys
 - Interviewing
- Conducted and presented literature reviews for research projects
 - Individually and as part of a group
- Collected and reduced data
 - SPSS software
 - Used parametric statistics such as ANOVA, linear regression, t-tests, and chi-square

III. UNIVERSITY SERVICE

Faculty Mentor Exercise Science Organization. 2010-present.

Faculty Mentor for Dance Ensemble, 2022-present

Senate By-Laws Committee Member, 2014-2018.

Graduation Marshall for School of Education, 2013.

Faculty Residence Hall Mentor, 2012-2014.

University Senate Admissions and Financial Aid Committee. 2011-2014.

Secretary of University Senate. 2010-2011.
Faculty Liaison for Board of Trustees Student Affairs Committee. 2010-2020.
School of Education Faculty and Student Research Committee. 2010-2020.
Student Affairs Committee Member. 2009-2010.

IV. SCHOLARSHIP

Refereed Presentations

Fonzi, L.A. Social Benefits of Undergraduate Student Physical Activity Participation in Campus Recreation Facilities. *Greater New York Regional Chapter of ACSM Annual Conference*, New York, NY. November, 2014. **Awarded “Best Doctoral Abstract,”**

Fonzi, L.A. Social Benefits of Undergraduate Student Physical Activity Participation in Campus Recreation Facilities. *CGSE Annual Conference*, Pittsburgh, PA. March, 2014.

Fonzi, L.A. Anticipation Bias during a Cycle Ergometer Perceptual Production Protocol. *ACSM National Conference*, New Orleans, LA. June, 2007.

Fonzi, L.A. Anticipation Bias during a Cycle Ergometer Perceptual Production Protocol. *Mid-Atlantic Regional Chapter of ACSM Annual Conference*, Harrisburg, PA. November, 2006.

Research Publications

Fonzi, L.A. Social Benefits of Undergraduate Student Physical Activity Participation in Campus Recreation Facilities. *Submitted manuscript for publication to Journal of Student Affairs*.

V. CONTINUING EDUCATION

2020 Micro-Credential in Innovation and Entrepreneurship, KATZ School of Business
2015 CGSE School of Education Annual Conference, University of Pittsburgh, Pittsburgh, PA.
2014 Greater New York Regional Chapter of ACSM. New York City, NY.
2014 CGSE School of Education Annual Conference, University of Pittsburgh, Pittsburgh, PA.
2010 Rainbow Allies Network Training, University of Pittsburgh, Pittsburgh, PA.
2007 ACSM National Conference, New Orleans, LA.
2006 Mid-Atlantic Regional Chapter of ACSM Annual Meeting. Harrisburg, PA.
2004 Mid-Atlantic Regional Chapter of ACSM Annual Meeting. Bushkill, PA.
2003 Mid-Atlantic Regional Chapter of ACSM Annual Meeting. Bushkill, PA.
2002 Mid-Atlantic Regional Chapter of ACSM Annual Meeting. Bushkill, PA.

VI. PROFESSIONAL CERTIFICATIONS

American College of Sports Medicine, Health Fitness Specialist. 2005 (currently needs to be renewed)

National Exercise Trainers Association, Pilates Mat Instructor. 2005.

Aerobics and Fitness Association of America, Personal Trainer. 2004.

Aerobics and Fitness Association of America, Primary Group Exercise Instructor. 2003.

American Red Cross, Professional Rescuer Instructor. 2003-present.