

**HPA 1242
TEACHING EXPERIENCE II
SYLLABUS**

CLASS DAY/TIME: By appointment
INSTRUCTOR: Kevin McLaughlin
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COURSE DESCRIPTION:

The purpose of this course is to provide students with a “hands-on” experience in an Aquatic setting. Students will be assigned to an on-campus site (i.e. University’s Physical Education Department) or an off-campus site (i.e. local swim team or lesson program), depending upon the interest of the student. As part of the experience, students will be given the opportunity to develop lesson plans according to the Red Cross swim lesson program.

COURSE OBJECTIVES:

Upon completion of this course, the student should have acquired:

- The skills and expertise in designing individual, group, and special population aquatic exercise programs
- The ability to instruct individuals on proper techniques for all six strokes
- The ability to conduct themselves as a professional (i.e. safe environment, good communication skills, working well with others, etc.)

PRE-REQUISITES:

- Beginning / Intermediate Swimming or Lifeguarding / LGI / WSI
- CPR/First Aid (preferred)

COURSE REQUIREMENTS:

• **PRIOR TO ASSIGNMENT**

1. Students must attend a mandatory Teaching Experience meeting to discuss the most appropriate teaching experience assignment and course requirements.

• **DURING ASSIGNMENT**

1. Students must complete a minimum of 25 **hours/credit**.
2. Students must be evaluated by their on-site supervisor (end of semester). Evaluation forms will be given to students at the beginning of the semester. It is the student’s responsibility to give the evaluation form to their on-site supervisor.
3. **Students must keep a log of all working hours accumulated during the course of the semester.**
4. During the Teaching Experience, students must participate in the following:
 - **Weekly classes**
 - **Attendance / Set up / clean-up of equipment / lane ropes**
 - **Exercise Prescription**
Students are responsible for developing class/individual programs for students based on skill level and personal goals for class.
 - **Equipment and Drill Orientation**
Students are expected to instruct participants on proper usage of equipment (i.e. pull buoy, kickboard, hand paddle) and advice on proper form and technique for specific drills (i.e. thumbs up side).
5. Upon completion of the teaching experience, students must evaluate their experience. Evaluations must be typed and handed in at the end of the semester. Evaluations should answer the following questions:
 1. A concise description of teaching experience activities, including activities performed and skills and knowledge used

2. Did you reach your goals/objectives?
3. What were your strengths? Weaknesses?
4. How would you improve your weaknesses?
5. How would you rate your performance?
6. What did you learn from your experience? From the on-site supervisor?
7. What was the best part of your experience? The worst?
8. Would you recommend this experience to other students? Why or why not?
9. Would you recommend this supervisor to other students? Why or why not?
10. Did this experience help you with your career or professional goals? Explain.
11. Any other comments?
12. It is also strongly suggested that the student include an example of any work performed during the week, such as a lesson plan.

6. ALL TEACHING EXPERIENCE MATERIAL MUST BE SUBMITTED BEFORE FINALS WEEK. MATERIAL SUBMITTED PAST THIS DATE WILL NOT BE ACCEPTED AND THE STUDENT WILL RECEIVE AN INCOMPLETE.

EVALUATION:

A satisfactory grade will be given when the student:

1. Completes all required hours
2. Completes all requirements to the satisfaction of the on-site supervisor and the Teaching Experience Coordinator
3. Submits all required materials on time
4. Demonstrates an above-average evaluation by the on-site supervisor

CONDUCT:

1. Students should dress appropriately.
2. Students should act in a mature and responsible manner. You are a representative of the Department of Health and Human Development. Be professional!

- Disability Statement - If you have a disability for which you are or may be requesting an accommodation, you are encouraged to contact both your instructor and Disability Resources and Services (DRS), 140 William Pitt Union (412) 648-7890, drsrecep@pitt.edu, (412) 228-5347 for P3 ALS users, as early as possible in the term. DRS will verify your disability and determine reasonable accommodations for this course.
- Scheduled University Holidays: There will be no classes:
 - Martin Luther King Jr. Day & Spring Break Week