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**CHILD LIFE STUDIES COURSE**

**2231 HHD 1032, 2532**

**Applied Developmental Psychology**

***"Psychosocial Aspects of Children's Illness"***

**Fall 2023**

**5108 Wesley W Posvar Hall**

**August 28 – December 11, 2023**

**Monday Nights, 6pm - 8:30pm**

**Instructor: Denise Esposto, EdD, CCLS**

**Adjunct Assistant Professor**

**Manager of HealthyCHILD and Developmental Healthcare Consultant**

**Office of Child Development**

**University of Pittsburgh**

**dae10@pitt.edu**

**412-354-8902 (cell)**

**Course Description:**

This course is designed as an introductory class to familiarize students to the psychosocial needs of children, adolescents and families facing health care challenges. Students will gain an understanding of the child life specialist's role in providing support and education to the hospitalized child, medical clinic patient and those with special health care needs in community based practice. This course meets the Association of Child Life Professionals’ (ACLP) eligibility to sit for the Child Life Professional Certification Exam. Major topics to be covered include the review of the Official Documents of the ACLP; the scope of child life practice; the impact of illness, injury and health care needs on typical child development and the family; patient-and family-centered care (PFCC); the value of therapeutic play, activities, expressive arts, and interventions; an introduction to medical play, procedural preparation, and stress point coping; and supportive and palliative care.

**Learning Objectives:**

1. To become familiar with the psychosocial implications of pediatric illness and the impact on typical development.
2. To introduce the importance of the provision of a PFCC environment.
3. To understand the special needs of the hospitalized and/or medically fragile child and their family.
4. To become knowledgeable with the intervention strategies utilized during medical encounters to enhance positive patient coping.
5. To recognize the value of play, medical play, art, music, and other expressive arts as they relate to the ill or hospitalized child.
6. To acquire an understanding of the role and responsibilities of a child life specialist working in a variety of health care environments, including community based practice.

**Required Textbooks:**

Rollins, J. A., Bolig, R., & Mahan, C. C. (2018). *Meeting children’s psychosocial needs across the healthcare*

*continuum.* (2nd ed.). Austin, TX: Pro-Ed.

Children's Hospital of Wisconsin (2007). *Milestones: Growth and development guide* (6th ed.). Milwaukee, WI:

maxiSHARE.

**Recommended Textbooks:**

Brown, C. A. & Turner, J. C. (2014). *The* *pips of child life: Early play programs in hospitals.* Dubuque, IA: Kendall

Hunt Publishing Company.

Gaynard, L., Wolfer, J., Goldberger, J., Thompson, R. H., Redburn, L., & Laidley, L. (1998). *Psychosocial care of*

*children in hospitals: A clinical practice manual from the ACCH child life research project.* Rockville, MD: Child Life Council, Inc.

Hicks, M. (Ed.). (2008). *Child life beyond the hospital*. Rockville, MD: Child Life Council, Inc.

Kuttner, L. (2010). *A child in pain:What health professionals can do to help.* Bethel, CT: Crown House Pub., Ltd.

McCue, K. & Bonn, R. (2011). *How to help children through a parent’s serious illness.* New York, NY: St. Martin’s

Griffin.

Oremland, E. K. (2000). *Protecting the emotional development of the ill child.* Madison, CT: Psychosocial Press.

Rubin, L.C. (Ed.). (2018). *The handbook of medical play therapy and child life.* New York, NY: Routledge.

Sourkes, B. M. (1995). *Armfuls of time.* Pittsburgh, PA: University of Pittsburgh Press.

Thompson, R.H.(Ed.). (2018). *The handbook of child life*. (2nd ed.). Springfield, IL: C.C. Thomas Publisher, Ltd.

**Journal Articles:**

To be posted in the corresponding module in http://canvas.pitt.edu prior to assigned reading date.

**Grading:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **MS 225 Points** | |  | **BS 200 Points** | | | |
| **A:** 207 – 225 points | **C+:** 177 – 179 points |  | **A:** | 183 – 200 points | **C:** | 143 – 156 points |
| **A-:** 203 – 206 points | **C:** 163 **–** 176 points |  | **A-:** | 180 – 182 points | **C-:** | 140 – 142 points |
| **B+:** 200 – 202 points | **C-:** 157 –162 points |  | **B+:** | 177 – 179 points | **D+:** | 137 – 139 points |
| **B:** 185 – 199 points | **D: < 156 points**  **repeat course** |  | **B:** | 163 – 176 points | **D:** | 125 – 136 points |
| **B-:** 180 – 184 points |  |  | **B-:** | 160 – 162 points | **D-:** | 120 – 124 points |
|  |  |  | **C+:** | 157 – 159 points | **F:** | <119 points |

Please note, grades **WILL NOT** be discussed via email, due to the sensitive nature of grades and laws about student rights and privacy ( e.g., FERPA). If you would like to speak about your grade, please contact the instructor in person to discuss ways to enhance your learning. If you feel there is a specific error in the grading, we will review that particular concern. However, **grades are non-negotiable and no extra credit opportunities are given individually**.

**Course Schedule and Expectations - Updated changes highlighted in yellow**

1. **Expectations and Participation**

Professional standards in class attendance, participation (through in-class assignments, discussions and required readings), and respectful behavior are expected (cell phones on silence, no texting during class, etc.). Please email the instructor if you are not attending class (dae10@pitt.edu).

1. **Term Paper (25 points)**

The term paper is due on Monday, November 13, 2023. The term paper should be 6-8 pages, double spaced, 11-12 pt. font. The topic must be approved by the instructor prior to submission if it is not on the list of suggested topics provided during the first few weeks of class. The current APA style guidelines must be followed **(APA Manual, 7th Edition)**. A minimum of five, current references (research no older than 10 years) must be cited in the text. **You may use the required textbooks as references, but they may not be counted in the minimum of five references.** The term paper will be graded according to the content and accuracy of the information, correct usage of the **APA style format (7th Edition),** and evidence of proofreading for grammar, punctuation, and spelling. Refer to the ***Term Paper Guidelines and Topics 2023*** in Canvas for additional instruction.

1. **Quizzes (100 points)**

~~Three~~ **Two** **take home** quizzes will be given at the beginning of designated classes and the completed quizzes will be returned on the following dates: Quiz 1- 10/2/23 (due in Canvas by 5P on 10/9/23), Quiz 2 - 10/29/23 (due in Canvas by 5P on 11/6/23), ~~and Quiz 3 - 11/27/23 (due in Canvas on 12/4/23)~~. Quiz 3 will be eliminated and added to the take-home final. The content of the quizzes will include information from the lectures, readings, video clips and assignments.

**4.** **“Kiddos” Reflection (10 points)**

To continue our discussion on "communication", please read the below message from the Child Life Forum that was posted by Deb Vilas, Faculty at Bank Street College of Education (2018), regarding the use of the word "kiddo". After you read the information from the link,( https://pediaplay.com/2018/06/05/kiddos/ ) **write a paragraph or 2** regarding if you agree or disagree with the labeling of children as "kiddos" and defend your reasoning. Please submit your assignment by 10/16/23.

**5.  Special Project (25 points)** The Special Projects will be presented individually to the class on December 4, 2023. The purpose of this assignment is to create a special project that will enhance the overall effectiveness of the psychosocial care of chronically ill and/or hospitalized children and families. The student will design the project according to their special skills and areas of interest. The project must receive prior approval from the course instructor. A written Special Project Plan must be submitted to the professor prior to the Special Projects presentation. Detailed information will be provided during the first few weeks of class.

**6. Cultural and Religion Assignment (MS candidates only, 25 points) This assignment has been eliminated.** The MS candidates will present group projects and education to the class regarding the effects that culture, religion and/or spirituality have on a child and family’s experience in the healthcare setting. The designated groups will research and present the group’s cultural or religious based topic on November 27, 2023. The work should be evenly distributed so that each presenter contributes equally. Each group’s presentation should be 20 – 30 minutes in length.

**7.** **Final Exam (50 points)** Students will submit a completed take home final exam before or on December 11, 2023 by 5P. This will be a comprehensive exam including information from the lectures, quizzes, readings, videos and assignments. Specific directions for this exam will be discussed in class prior to the final

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**UNIVERSITY COURSE POLICIES**

**ACADEMIC HONESTY**

**Academic Integrity Guidelines:** All students are expected to adhere to the standards of academic honesty. Any student engaged in cheating, plagiarism, or other acts of academic dishonesty would be subject to disciplinary action. Any student suspected of violating this obligation for any reason during the semester will be required to participate in the procedural process, initiated at the instructor level, as outlined in the [University Guidelines on Academic Integrity](http://www.bc.pitt.edu/policies/policy/02/02-03-02.html) Provided here is the School of Education [Academic Integrity Policy](http://www.education.pitt.edu/CurrentStudents/PoliciesandForms.aspx). Please read the policy carefully.

**A NOTE FOR STUDENTS WITH DISABILITIES:**

## If you have a disability for which you are or may be requesting an accommodation, you are encouraged to contact both the instructor and Disability Resources and Services (DRS), 140 William Pitt Union, (412) 648-7890, [drsrecep@pitt.edu.](mailto:drsrecep@pitt.edu) (412) 228-5347 for P3 ASL users, as early as possible in the term. DRS will verify your disability and determine reasonable accommodations for this course.

## At this time, DRS remains fully operational from a remote position. While the office is not open for in person interaction, they are open during the same hours remotely, Monday through Friday from 8:30 AM to 5:00 PM. A Disability Specialist is available to you as a resource and can be contacted via email, phone, or through a scheduled phone or video appointment.

As the academic landscape evolves, DRS is available to assist in ensuring you have equal access to the course content. Should you have any questions or concerns, or if you would like to schedule a remote appointment with your Disability Specialist, please contact the office at (412) 648-7890. For more information, the latest updates will be available through <https://www.emergency.pitt.edu/covid19>

**STATEMENT ON CLASSROOM RECORDING**

To ensure the free and open discussion of ideas, students may not record classroom lectures, discussion and/or activities without the advance written permission of the instructor, and any such recording properly approved in advance can be used solely for the student’s own private use.

**DEPARTMENTAL GRIEVANCE PROCEDURES**

The purpose of grievance procedures is to ensure the rights and responsibilities of faculty and students in their relationships with each other. When a PSYED student or a student in a PSYED class believes that a faculty member has not met his or her obligations (as an instructor or in another capacity) as described in the Academic Integrity Guidelines, the student should follow the procedure described in the Guidelines by (1) first trying to resolve the matter with the faculty member directly; (2) then, if needed, attempting to resolve the matter through conversations with the program chair; (3) then, if needed, resolving the matter through conversations with the department chair; (4) if needed, next talking to the associate dean of the school; and (5) if needed, filing a written statement of charges with the school-level academic integrity officer. [Dr. Michael Gunzenhauser is the Associate Dean and Integrity Officer.]

**FEDERAL AND STATE BACKGROUND CHECKS AND CLEARANCES:** All SOE students are now required to have federal and state clearances on file if they are working with or observing children as part of any university class or requirement. A new system will be in place soon to make sure that there is compliance. For now, see [how students can get their clearances](https://www.education.pitt.edu/CurrentStudents/TeacherPreparation/FederalandStateCriminalClearances.aspx).

**THE SCHOOL OF EDUCATION** [Policies and Forms](https://www.education.pitt.edu/CurrentStudents/PoliciesandForms.aspx) page on the SOE website explains several policies and procedures, including academic probation, course repeats, leaves of absence, monitored withdrawal, transfer credits, and statute of limitations.

**ADDITIONAL STUDENT RESOURCES**

* ***Technology/Computer Help Desk:***412-624-HELP [4357]
* ***Graduate Studies at Pitt*:** [http://www.pitt.edu/~graduate/](http://www.pitt.edu/%7Egraduate/)
* ***Student Health Services:*** 412-383-1800 (<http://www.studhlth.pitt.edu>)
* **Student Mental Health:** Counseling Center, in the Wellness Center in Nordenberg Hall: <https://www.studentaffairs.pitt.edu/cc/> Call **412-648-7930**, any time.
* ***The Writing Center:*** 412-624-6556 ([www.english.pitt.edu/writingcenter](http://www.english.pitt.edu/writingcenter))
* ***Academic Resource Center****:* 412-648-7920 (<http://www.asundergrad.pitt.edu/offices/arc/index.html>)
* ***Disability Resources and Services:*** 412-648-7890 (http://www.drs.pitt.edu/)
* ***Office of International Services:*** 412-624-7120 (http://www.ois.pitt.edu/)
* ***Information Technology (Computing Services & Systems Development)***(<http://technology.pitt.edu/>)
* ***Office of the Registrar*** (calendar, transcripts, registration, enrollment) (<http://www.registrar.pitt.edu/>)
* ***Education Library Guide:*** See this Hillman Library [customized libguide](https://pitt.libguides.com/education), a gateway to resources for education students and faculty,
* ***Religious Observances:*** See the [Provost’s annual memo](http://www.universityannouncements.pitt.edu/Religious%20Observances%20FY19.pdf) about religious observances.
* ***Emergencies:*** Do you have Pitt Police saved on your mobile phone? 911 works, or Pitt Police, 412-624-2121
* ***Office of Diversity and Inclusion (ODI):*** Resources, consultation, and bias incident reporting:<https://www.diversity.pitt.edu/>
* **Title IX office**: resources regarding sexual harassment, gender-based discrimination, and sexual violence: <https://www.titleix.pitt.edu/>
* ***Catalogs:*** The University Catalogs have comprehensive information about policies, programs, and courses. There are University-level policies and policies specific to the School of Education. Bookmark these links and review these documents periodically.
* ***Sexual Assault Response:*** 412-648-7856
* ***Care and Resource Support Team (CARS):*** Email [pittcares@pitt.edu](mailto:pittcares@pitt.edu) or see: <http://www.studentaffairs.pitt.edu/cars/>
* ***Student Affairs Summary***: [Faculty and Staff Guide for Helping Distressed Students](https://www.studentaffairs.pitt.edu/wp-content/uploads/2015/12/WEB-Helping-Distressed-Students-Guide1.pdf)

**Psychosocial Aspects of Children's Illness**

**Course Calendar**

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Topic** | **Reading & Review**  **(Prior to Class)** | **Assignment Due** |
| 8/28/23 | Introduction to the Course  Syllabus Review |  |  |
| **9/4/23** | **NO CLASS – Labor Day Holiday** | | |
| 9/11/23 | Official Documents of the Association of Child Life Professionals (ACLP) **Join Zoom meeting**  https://pitt.zoom.us/j/91222197238  Meeting ID: 912 2219 7238  Passcode: Childlife | Review ACLP Documents in Canvas Module and APA CL Statement (REV 2021) |  |
| 9/18/23 | Family's Response to Diagnosis  Patient-and Family-Centered Care (PFCC)  Institute for Patient-and Family-Centered Care (IPFCC) | Rollins: Chapter 5  Review the IPFCC website <https://www.ipfcc.org/>  and PFCC resources in module |  |
| 9/25/23 | Impact of Illness and Hospitalization on Typical  Child Development (Infant – Preschool) | Rollins: Introduction & Chapter 1 |  |
| 10/2/23 | Impact of Illness and Hospitalization on  Typical Child Development (School Aged – Adol.) | Review Milestones Growth and Development Guide | Quiz 1 (take home) |
| 10/9/23 | Language and Communication | Rollins: Chapter 7  Journal article in module | Completed Quiz 1 due in Canvas by 5P |
| 10/16/23 | Therapeutic Play and Activities  Expressive Arts | Rollins: Chapter 4 | Complete and submit “Kiddos” assignment due in Canvas by 5P |
| 10/23/23 | Stress Point Coping with Children and Families  Sibling Issues | Rollins: Chapter 8 |  |
| 10/30/23 | Medical Play | Rollins: Chapter 3  Mikaela Freeman co-presents CLSA attending | Quiz 2 (take home) |
| 11/6/23 | Child Life Interventions - CCLS Panel | Rollins: Chapter 12 | Completed Quiz 2 due in Canvas by 5P |
| 11/13/23 | Medical and Procedural Preparation | Rollins: Chapter 2  Journal article in module  Sarah Miedel co-presents | Paper due |
| **NO CLASS - Thanksgiving Recess 11/19/23 – 11/26/2023** | | | |
| 11/27/23 | Compassion Fatigue, Compassion Satisfaction | Review the Canvas resources | May be virtual |
| 12/4/23 | Special Project Presentations | Supportive and Palliative Care  Rollins: Chapter 6  Journal article in module | Project presentations  May be virtual  Take home Final |
| 12/11/23 | Final Exam Due in Canvas by 5P No In-person Class | | |

**HAPPY HOLIDAYS AND WINTER BREAK – YOU MADE IT!!!!!!!**

**Zoom Information for Course when needed:**

**No Class Tonight**

Denise Esposto is inviting you to a scheduled Zoom meeting.

Topic: 2241 HHD 2532 SEC1310 PSYCHOSOCIAL ASPCTS OF ILLNESS, Time: Aug 28, 2023 05:30 PM Eastern Time (US and Canada)

Every week on Mon, until Dec 11, 2023, 16 occurrence(s)

Aug 28, 2023 05:30 PM

Sep 4, 2023 05:30 PM - N0 CLASS TONIGHT - Labor Day Holiday

Sep 11, 2023 05:30 PM - CLASS VIA ZOOM TONIGHT

Sep 18, 2023 05:30 PM

Sep 25, 2023 05:30 PM

Oct 2, 2023 05:30 PM

Oct 9, 2023 05:30 PM

Oct 16, 2023 05:30 PM

Oct 23, 2023 05:30 PM

Oct 30, 2023 05:30 PM

Nov 6, 2023 05:30 PM

Nov 13, 2023 05:30 PM

Nov 20, 2023 05:30 PM- NO CLASS TONIGHT - Thanksgiving recess 11/19/23 - 11/26/23

Nov 27, 2023 05:30 PM- CLASS VIA ZOOM TONIGHT

Dec 4, 2023 05:30 PM

Dec 11, 2023 05:30 PM - NO IN-PERSON CLASS

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://pitt.zoom.us/meeting/tJYvf-CsrTMvGtxJ55NQoVNhuFLyRzkDqizz/ics?icsToken=98tyKuCqrDMjHtedtRmPRowQAIqgXejztlxYjbdFtkqwLRFcVC3-I8RuK4BlG\_zB

Join Zoom Meeting

<https://pitt.zoom.us/j/92289438508>

Meeting ID: 922 8943 8508

One tap mobile

+12678310333,,92289438508# US (Philadelphia)

8778535247,,92289438508# US Toll-free

Dial by your location

• +1 267 831 0333 US (Philadelphia)

• 877 853 5247 US Toll-free

Meeting ID: 922 8943 8508

Find your local number: https://pitt.zoom.us/u/alLmkolO7

Join by SIP

• 92289438508@zoomcrc.com

**Psychosocial Aspects of Children's Illness**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone Number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Daytime)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Evening)

Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Undergraduate OR Graduate Student (circle one) Declared Major: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Were you ever hospitalized as a child? If yes, briefly describe your experience.

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1. What topics would you like to see presented during this class? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. What is your experience in working with children?

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4. Have you ever been employed in a health care setting or worked with chronically ill children? If yes, in what capacity? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What is your understanding of the role of a child life specialist?

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6. What are your expectations for this course?

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