

UNIVERSITY OF PITTSBURGH
DEPARTMENT OF HEALTH AND PHYSICAL ACTIVITY
HPA/PEDC 0196 FIRST AID/CPR

INSTRUCTORS **Laura Fonzi, MS / Maggie Scovotti**

OFFICE Suite 104

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OFFICE HOURS: By Appointment

CLASS TIME: Tuesdays 2:00 PM

---**You may only attend the class you are registered for**---
ZOOM LINKS ON CANVAS FOR FIRST 3 WEEKS.

Course Description:

A 2-credit lab/lecture discussion course in which American Red Cross techniques of Cardiopulmonary Resuscitation (CPR) For the Professional Rescuer/AED and Standard First Aid are presented. In addition to these skills, current methods of management and treatment of emergency illnesses and injuries are also taught. All students who meet the American Red Cross standards will receive American Red Cross Certification.

Course Objectives:

Upon completion of this course the student will be expected to:

1. Demonstrate the proper techniques and skills to receive American Red Cross Certification in CPR for the Professional Rescue/AED, and Standard First Aid.
2. Incorporate information on legal liability and emergency planning.
3. Identify signs and symptoms of common illnesses and dysfunctions and be able to explain the proper methods of management for these situations.

Required Text: (posted on Canvas)

- *1. Red Cross - CPR/AED for Professional Rescuers Participant's Handbook 2016.
- *2. Red Cross - First Aid / CPR / AED Participant's Manual 2016.

Grading:	Quizzes	6 @ 10 pts each
	CPR/AED Exam	100*
	CPR Practical Exam	100
	First Aid Exam	100*
	<u>First Aid Practical Exam</u>	<u>100</u>
		460

*A grade of 80% or better is required for American Red Cross certification

Attendance Policy:

A student may **MISS NO MORE THAN 1 CLASS** in order to receive American Red Cross Certification. You must be present on the day that AED procedures are addressed in order to take the certification exam.

Excused absences (at discretion of instructor) – must be made up.

Academic Integrity. Students in this course will be expected to comply with the University of Pittsburgh's Policy on Academic Integrity. Any student suspected of violating this obligation for any reason during the semester will be required to participate in the procedural process, initiated at the instructor level, as outlined in the University Guidelines on Academic Integrity. This may include, but is not limited to, the confiscation of the examination of any individual suspected of violating University Policy. Furthermore, no student may bring any unauthorized materials to an exam, including dictionaries and programmable calculators.

Disability Services. If you have a disability that requires special testing accommodations or other classroom modifications, you need to notify both the instructor and Disability Resources and Services no later than the second week of the term. You may be asked to provide documentation of your disability to determine the appropriateness of accommodations. To notify Disability Resources and Services, call (412) 648-7890 (Voice or TTD) to schedule an appointment. The Disability Resources and Services office is located in 140 William Pitt Union on the Oakland campus.

Statement on Classroom Recording. *To ensure the free and open discussion of ideas, students may not record classroom lectures, discussion and/or activities without the advance written permission of the instructor, and any such recording properly approved in advance can be used solely for the student's own private use.*

Departmental Grievance Procedure.

If a student feels that they have been treated unfairly by the instructor with regard to their grade or other aspects of their course participation there are a series of steps that should be taken in an attempt to resolve this matter. These include the following:

1. *The student should first inform the instructor of the course of the issue in an attempt to resolve this matter. If the course is taught by a Teaching Assistant, Graduate Student, or Part-Time instructor, their faculty supervisor should also be informed of this matter. The student should bring this issue to the attention of the instructor in a timely matter and should maintain a record of interactions that occurred with the instructor regarding the matter in question. The course instructor should take necessary steps to address the concern raised by the student in a timely matter and should maintain a record of the interactions that occurred with the student regarding this matter.*

2. *If, after reasonable attempts to resolve the matter, the matter is not resolved in a manner that is deemed to be acceptable to the student, the student retains the right to file a grievance. This grievance is to be filed with the Department Chair in the form of a written document that can be submitted via email or campus mail. This document should include the following:*

- a. *Student's name*
- b. *Student contact information (email, address, telephone number)*
- c. *Information on the course for which the grievance applies (course title, course number, instructor name).*
- d. *A copy of the course syllabus that was provided to the student by the instructor*
- e. *Detailed description of the grievance and additional information the student feels is pertinent to this matter.*

After receiving this information the Department Chair will inform the student if additional information is needed, as appropriate will discuss this matter with the student and the instructor, and will issue a decision in a timely manner.

3. *If the student is not willing to accept the decision of the Department Chair, the student will be informed that they can request an additional review of this matter through the Office of the Dean of the School of Education. If the student decides to pursue this, the student should contact the Associate Dean for Student Affairs & Certification in the School of Education at the University of Pittsburgh.*

Tentative Course Schedule

<u>Date</u>	<u>Topic</u>	<u>Reading</u>
1/11	Course Introduction ZOOM	
1/18	Professional Rescuers and Standard Precautions ZOOM	<u>CPR/AED Text</u> Section 1-1 through 1-6
1/25	Taking Action	Section 1-7, 1-8
2/1	Caring for Breathing Emergencies	Sections 2-1 through 2-7
2/8	Quiz 1: all info to date Cardiac Emergencies – CPR	Section 3 through 3-5
2/15	Quiz 2: Cardiac Emergencies AED Choking	Section 3-5 through 3-6 Section 2-3 through 2-6
2/22	Quiz 3: AED Review for CPR/AED Test/Practical	
3/1	CPR/AED Test/Practical	
3/8	NO CLASS SPRING BREAK	
3/15	Sudden Illness	<u>FIRST AID Text</u> Part 3, Section 5
3/22	Quiz 4: Sudden Illness Traumatic Injuries	Part 3, Section 6
3/29	Quiz 5: Traumatic Injuries Environmental Injuries	Part 3, Section 7
4/5	Quiz 6: Environmental Injuries Special Situations, Injury Prevention Pgs 144-156	
4/12	Review FA Test/Practical	
4/19	FA Test/Practical	