

UNIVERSITY OF PITTSBURGH
Department of Health and Physical Activity

HPA 2990: Research Seminar in HPA (2194) – SPRING 2019

Schedule: Wednesday 5:30-8:10pm Oak Hill
Additional meeting locations may be scheduled throughout the semester as a part of site visits.

Faculty: Renee J. Rogers, Ph.D.
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I. COURSE DESCRIPTION

This 3-credit course that is an extension of HPA 2322 Evidence-Based Health Program Planning that will provide students the opportunity to implement and evaluate a health program that they previously developed within the existing programming at the University of Pittsburgh Healthy Lifestyle Institute.

II. EXPECTED OUTCOMES

After completion of this course, the student should have acquired:

- An understanding of best practices for implementing health programming within a professional team setting.
- Experience implementing programming while allowing for adaptation without violating fidelity.
- Experience evaluating health promotion programming.
- An opportunity to engage in new skills to enhance the professional prospects and resume content in the area of health programming.

III. **COURSE REQUIREMENTS:**

A. Program Implementation

- Fidelity with reasonable Adaptation
- Incorporated into milestones below in content and delivery

B. Weekly Class Evaluation:

- **5 points per week / 14x (weeks 2-15) = 70 points**
- Student's work completed based on their role
- Student's evaluation of colleagues

C. Final Experience, Reflection, and Team Evaluation:

- **30 points**
 - 20 points from the student
 - 10 points from average peer evaluation score

D. Milestones – Program Portfolio & Presentation:

- Students will have 6 Key Milestone Assignments that will be due across the 2nd half of the semester.

Milestone 1	Section 1 – Implementation	50 points
Milestone 2	Section 2 – Promotion	50 points
Milestone 3	Section 3 – Program Content	75 points
Milestone 4	Section 4 – Preface	25 points
Milestone 5	Section 5 - Evaluation	50 points
	References	25 points
Milestone 6	Final Capstone Presentation	75 points

- Outlines and Grading Criteria for each will be presented to students
- **Milestones 1-6 = 350 points**

IV. **GRADING:**

TOTAL	450
A	405-450
B	360-404
C	315-359
D	270-314
F	< 270

V. **COURSE DESIGN:**

- Independent Self-reflection and Preparation
- Minimal Lecture
- Team In-class Work and Project Development
- Out of Class Implementation

Disability Resources and Services

If you have a disability for which you are or may be requesting an accommodation, you are encouraged to contact both your instructor and Disability Resources and Services, 140 William Pitt Union, (412) 648-7890 [(412) 383-7355 for TTY], as early as possible in the term. DRS will verify your disability and determine reasonable accommodations for this course.

Academic Integrity

A student has the obligation to exhibit honesty and to respect the ethical standards of the profession in carrying out his or her academic assignments consistent with the Student Code of Conduct. These guidelines are available for download at the school site. Please see the Associate Dean for Student Affairs regarding any issues that you may have related to these guidelines. For more information please call 412-648-1006.

Department of Health and Physical Activity Grievance Procedure.

If a student feels that they have been treated unfairly by the instructor with regard to their grade or other aspects of their course participation there are a series of steps that should be taken in an attempt to resolve this matter. These include the following:

- 1.** The student should first inform the instructor of the course of the issue in an attempt to resolve this matter. If the course is taught by a Teaching Assistant, Graduate Student, or Part-Time instructor, their faculty supervisor should also be informed of this matter. The student should bring this issue to the attention of the instructor in a timely matter and should maintain a record of interactions that occurred with the instructor regarding the matter in question. The course instructor should take necessary steps to address the concern raised by the student in a timely matter and should maintain a record of the interactions that occurred with the student regarding this matter.
- 2.** If, after reasonable attempts to resolve the matter, the matter is not resolved in a manner that is deemed to be acceptable to the student, the student retains the right to file a grievance. This grievance is to be filed with the Department Chair in the form of a written document that can be submitted via email or campus mail. This document should include the following:
 - a.** Student's name
 - b.** Student contact information (email, address, telephone number)
 - c.** Information on the course for which the grievance applies (course title, course number, instructor name).
 - d.** A copy of the course syllabus that was provided to the student by the instructor
 - e.** Detailed description of the grievance and additional information the student feels is pertinent to this matter.

After receiving this information, the Department Chair will inform the student if additional information is needed, as appropriate will discuss this matter with the student and the instructor, and will issue a decision in a timely manner.

- 3.** If the student is not willing to accept the decision of the Department Chair, the student will be informed that they can request an additional review of this matter through the Office of the Dean of the School of Education. If the student decides to pursue this, the student should contact the Associate Dean for Student Affairs & Certification in the School of Education at the University of Pittsburgh.

COURSE CALENDAR

Subject to Change

DATE	WEEK	TIME FRAME	TENTATIVE PLAN
1/9	1	ALL / GROUPS: 5:30-8:00 PM	Syllabus / Course Framework / Timeline and Feedback Discussion
1/16	2	ALL / GROUPS: 5:30-8:00 PM	Schedule / Implementation Sections / Roles / Must Haves
1/23	3	ALL / GROUPS: 5:30-8:00 PM	Promotion and Content
1/30	4	ALL / GROUPS: 5:30-8:00 PM	Content
2/6	5	ALL / GROUPS: 5:30-8:00 PM	Content
2/13	6	ALL: 5:30-6:15 PM	Project Updates and BLM Decisions
		INDIVIDUAL GROUPS: 6:15-7:00 PM	Meetings with Dr. R. and Andy and Work Time
2/20	7	ALL: 5:30-6:15 PM	Project Updates and BLM Decisions
		INDIVIDUAL GROUPS: 6:15-7:00 PM	Meetings with Dr. R. and Andy and Work Time
2/27	8	ALL: 5:30-6:15 PM	Project Updates and BLM Decisions
		INDIVIDUAL GROUPS: 6:15-7:00 PM	Meetings with Dr. R. and Andy and Work Time
3/6	9	ALL: 5:30-6:15 PM	Project Updates and BLM Decisions
		INDIVIDUAL GROUPS: 6:15-7:00 PM	Meetings with Dr. R. and Andy and Work Time
3/13	10	SPRING BREAK	
3/20	11	ALL / GROUPS: 5:30-7:00 PM	Team Members Project Updates and BLM Decisions
3/27	12	ALL: 5:30-6:15 PM	Project Updates and BLM Decisions
		INDIVIDUAL GROUPS: 6:15-7:00 PM	Meetings with Dr. R. and Andy and Work Time
4/3	13	ALL / GROUPS: 5:30-8:00 PM	Evaluation
4/10	14	ALL / GROUPS: 5:30-8:00 PM	Evaluation
4/17	15	ALL / GROUPS: 5:30-8:00 PM	Evaluation, Final Presentations Completion
4/24	16 (FINALS)	ALL / GROUPS: 5:30-7:00 PM	Final Presentations

NOTE: Shaded areas indicate implementation periods.