

JAZZ DANCE

HPA 0041

Class Meeting Times

Jazz I is held on Monday and Wednesday from 2:00-2:55 p.m.

Introduction

This course is designed to increase the student's basic awareness and knowledge of jazz dance technique, and movement skills, as well as to increase appreciation of the dance form.

Course Goals

1. To foster greater understanding and proficiency in jazz movement, and to cultivate joy while dancing.
2. To develop rhythm, coordination, strength, flexibility and isolation skills as related to jazz technique.
3. To develop and expand an understanding and execution of proper body alignment and technique, both aesthetically and kinesthetically.
4. To better understand the anatomy and physiology of the human body in context of its capabilities in dance.
5. To have confidence and ease in movement.
6. To learn basic Jazz technique.
7. To learn basic Jazz vocabulary.

Course Policies:

Attendance Policy

Two absences per semester are allowed without penalty. Please practice ethical behavior and only take absences when you are ill or have important, unavoidable schedule conflicts. There will be a deduction of points for each additional absence after two. Participation is essential to your success in this course: therefore, **YOU MUST ATTEND ALL SCHEDULED CLASSES.** This is a "hands-on" lab class, and the material covered in class cannot be made up, as it is based on physical participation and exploration with your classmates. No make-up of missed classes is possible. For any extenuating circumstances like injury or prolonged illness see the instructor as soon as you are able! In addition to completing the requirements for the course (see below) the following attendance policy is in place.

GRADING SCALE:

These are the best grades that you can achieve based on your attendance/participation.

A 0-2 absences

B 3 absences

C 4 absences

D 5 absences

F More than 5 absences

Every three tardies, arrival after roll call/more than 5 minutes late, will equal 1 absence.

Arrival more than 20 minutes late will equal 1 absence.

Attendance is not enough! To be successful in this class you must be working in every class to earn your participation grade. The following will be taken into account, attention, focus, enthusiasm, cooperation, preparedness, and punctuality.

- You are expected to be **ON TIME** for all classes. By coming late you disturb the atmosphere created by those who are already working. Please be courteous to those who are here and on time. If you are late, enter quietly and do not shuffle through your bags or talk. Class will begin promptly with a roll call. If you miss roll-call you are late. If you are more than 20 minutes late for class, you have missed the class. If getting to roll-call on time will be difficult (for any reason) you should not take this class.
- There is no make-up work for this class. For prolonged illnesses and injuries that will require you to miss class you must communicate with the instructor as soon as possible! You must hand in a doctor's excuse to have the opportunity to make up class time. Failure to do so in a timely fashion will negatively affect your grade. You may also make up class time for religious observances, please contact the instructor within the first two weeks to plan any days missed for religious observances.
- You will be given a participation grade for each class. The following will be taken into consideration: attention, focus, enthusiasm, cooperation, preparedness, and punctuality. Showing up and going through the motions is not enough. Failure to attend class will result in a participation grade of "0" for the day.

Course Materials

- Proper attire is required for this class. We will be doing physical work in every class, so it is important that you wear comfortable clothes that allow you to move easily. Bring jazz shoes if you prefer to wear them but they are not necessary. You may also wear bare feet.
 - Arrive ready to dance. You may change in the locker rooms in Trees. You need to be able to move and breathe without restriction. Your daily grade will be affected if you do not have the proper class dress.
 - Turn off cellular phones.
 - If you bring a water bottle, keep it off the dance floor.
- Long hair must be pulled back and kept from falling in the face. NO caps or hats of any kind may be worn in class.
- Avoid wearing heavy perfume or cologne to class. Some exercises will require you to work with partners and other people may have reactions to these products.
 - Practice regular hygiene (showers, tooth brushing, etc.) For certain exercises we will be in close physical proximity and it is essential that you practice good hygiene. If you have a cold or

feel ill, make sure your hands are washed so you don't spread your illness to your classmates. Make sure you wash your hands immediately before and after class.

- If you smoke, please don't smoke before class. The smell remains on you and your clothing. This makes it unpleasant for those who have sensitivity to smoke or dislike the odor. Don't smoke in the clothes you wear to class.

- Make sure you regularly wash your exercise clothing and wear clean socks to class. We will all benefit from this.

On occasion, there may be opportunities to gain extra credit towards the final grade -- in class or performances outside of class.

Facilities Use

- No food, drink, or smoking is permitted in the space. Since we work on movement, please, NO GUM.

- Take care of necessary business before you come to class. We are in class for only 55 minutes and you should be able to stay the requisite time without having to leave the classroom.

- If you are ill, be sure to bring tissues and cough drops if you need to.